



Brace Yourself For the  
Ex-fear-ience

OF MJJA'S

**2018**

**FALL**

**EDUCATIONAL  
CONFERENCE**

COMING OCTOBER 24 - 26, 2018 TO

**TAN-TAR-A**

**LAKE OF THE OZARKS**

MISSOURI JUVENILE JUSTICE ASSOCIATION

*Promoting Justice for Children, Youth and Families*



**SCOTT BREEDLOVE**  
**COMPASSION FATIGUE & SELF CARE**  
**Who is Taking Care of You?**

**Plenary Session:**

“Compassion Fatigue & Self Care –  
Who Is Taking Care of You?”

– This session will be a humorous view on an important topic. Professionals in helping professions can spend so much time helping other people that they forget to take care of themselves. Compassion Fatigue can lead to mistakes, unethical behavior and health problems. This session will provide information on Compassion Fatigue by defining key terms, identifying signs and symptoms and provide practical applications that professionals can implement in their life to maintain balance while staying focused on helping those we serve.

**Workshop:**

“There’s No Place Like Home –  
Motivating Clients Toward  
Positive Change”

– This session will look at the concept of motivation and how motivation impacts the process of clients implementing positive changes in their life. Concepts discussed will include a motivational timeline, motivational attitude and style and a quick overview of the stages of change model. Motivational tools will be demonstrated such as a Decisional Balance Exercise, Motivational Ruler and a Goal/ Behavior Discrepancy Exercise.

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# I'm a Good Person, Isn't That Enough?

**Debby  
Irving**

## **Plenary Session:**

### I'm a Good Person, Isn't That Enough?

Using historical and media images, Debby examines how she used her white-skewed belief system to interpret the world around her. Socialized on a narrow worldview, Debby explores how she spent decades silently reaffirming harmful, archaic racial patterns instead of questioning the racial disparities and tensions she could see and feel. This presentation and dialog is designed to support white people in making the paradigm shift from 'fixing' and 'helping' those believed to be inferior, to focusing on internalized white superiority and its role in perpetuating racism at the individual, interpersonal, institutional, and cultural levels.

## **Workshop:**

### Seeing the Color Line: Examining Bias, Privilege, and Power

The terms bias, privilege, and power are often misunderstood as stand-alone terms. Additionally, they're rarely understood as trio that can work together to embed racial inequity into the range of systems that impact young people and their families. This session seeks to make visible the dynamics of bias, privilege, and power so that we can more skillfully identify how and when they may be influencing and undermining us as individuals and institutions seeking to create equity.

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# Phil Chalmers

## Plenary Session:

### Homicide In America

Chalmers will be addressing the causes, warning signs and triggers of teen killers, school shooters, mass murderers and serial killers. In a fast-paced and hard-hitting training style, he will discuss dozens of causes and display hundreds of crime scene photos and videos, teaching attendees not only what makes teen killers, school shooters, mass murderers and serial killers tick, but also how to stop them by learning the causes, warning signs and triggers of these killers. Unlike most experts, authors and trainers, Chalmers talks directly with the killers themselves along with getting the first person crime scene perspective from the investigators who have worked these cases.

Topics covered include:

- Causes, warning signs and triggers of Teen Killers and School Shooters
- Dangerous Youth Culture, including cop-killing music, violent video games and dangerous social media and phone apps
- The latest trends in mass murder and serial murder, and the new profile.

## Workshop:

### Youth Culture Review

This session will review youth culture including an exposé of cop-killing music videos; video games; and a review of the dangerous phone apps and social media that can lead to a teenager's death.



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LAKE OF THE OZARKS

**TAN-TARA RESORT**  
GOLF CLUB, MARINA &  
INDOOR WATERPARK

Tan-Tar-A is located at 494 Tan Tara Drive, Osage Beach, MO.

*A very special Thank You to our MJJA Corporate Sponsors:*

*St. Ann Police Department, Heartland BHS, Piney Ridge,*

*Two Rivers BHS, Great Circle, Lakeland BHS, SSM Behavioral Health,*

*COMPASS Health, FCC Behavioral Health, Family Counseling Center*

**Thank you to the following for supporting the MJJA  
Brace Yourself for the Ex-Fear-ience Conference!**

**Annie E. Casey Foundation**

**Department of Public Safety - Juvenile Justice Advisory Group**

**Missouri Task Force on Children's Justice**

**OSCA Juvenile Court Improvement Project**

**Tan-Tar-A Resort**

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# MJJA 2018 FALL CONFERENCE

TAN-TAR-A 5K COURSE

# 3RD ANNUAL

5K FOR KIDS

RUN/WALK

10.24.18



## MISSOURI JUVENILE JUSTICE ASSOCIATION

*Promoting Justice for Children, Youth and Families*

“MJJA Juvenile Justice Scholarship Fund”

Pursuing Higher Education Opportunities!!

Continuing  
Education

# Brace Yourself for the Ex-fear-ience

## Agenda

### Wednesday, October 24

11 a.m. Registration Opens - Salon A

12:30 p.m. Opening Remarks - Salon A

Marty Yust, MJJA Board President

Jim Wallis, Public Education & Development Team Co-Chair

1 - 2:30 p.m. Plenary: *Compassion Fatigue & Self Care - Who is Taking Care of You?* - Salon A

2:30 - 2:45 p.m. Refreshment Break - Salon A

2:45 - 4:30 p.m. WORKSHOPS:

*Collateral Consequences of Adjudication* - Room 62

*There's No Place Like Home - Motivating Clients Toward Positive Change* - Room 74/75

*Treatment of Adolescents with Intellectual Disabilities Who Exhibit Sexually Offending Behaviors* - Room 63

*Juvenile Officer Attorney Ethical Issues* - Parasol II

*Intensive Outpatient Services: Answering the Who, What, and Why* - Room 64

5 p.m. 5K for Kids - Run for Your Life Run/Walk

Tan-Tar-A 5K Trail - Overpass between buildings C & D

### Thursday, October 25

7:30 - 8:15 a.m. Breakfast - Salon A

8:15 - 8:30 a.m. Morning Welcome - Salon A

Marty Yust, MJJA Board President

8:30 - 10 a.m. Plenary: *I'm a Good Person, Isn't That Enough?* - Salon A

10 - 10:15 a.m. Beverage Break - Salon A

10:15 - 12 p.m. WORKSHOPS:

*Drug Identification & Awareness* - Parasol II

*CAC 101 and Child Disclosures* - Room 62

*Seeing the Color Line: Examining Bias, Privilege, and Power* - Room 63

*ABC's of Evaluations and Assessments* - Room 64

*Objections at Trial and Trial Strategy for Proving Abuse and Neglect* - Room 74/75

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## Agenda

### Thursday cont., October 25

12 - 1:30 p.m. Lunch - Salon A

5K For Kids Run/Walk Awards - Katie Harrison, Public Education & Development Team Co-chair

Legislative Champion Awards - Marty Yust, MJJA Board President

Andrew Jackson Higgins Award

Laura Higgins Tyler, daughter of the late Andrew Jackson Higgins

1:30 p.m. - 4:30 p.m. WORKSHOPS

(Refreshment break: 3 - 3:15 p.m. - Salon A)

Human Trafficking Investigations - Room 62

Burnt Out, Stressed Out or Prepared for the Day's Challenges - Room 63

Case Law Update - Parasol II

Indian Child Welfare Act - Room 64

Help, My Child has been Victimized on the Internet!; Understand how children are becoming victimized and how the predators find their way into a child's life - Room 74/75

5:00 p.m. - 6:00 p.m. President's Reception ~ MJJA Raffle - Crystal Ballroom

### Friday, October 26

8:00 a.m. - 8:30 a.m. Breakfast - Salon A

8:30 a.m. - 9:30 a.m. Plenary Session - Homicide in America - Salon A

9:30 a.m. - 9:45 a.m. Break - on your own

9:45 a.m. - 11:30 a.m. WORKSHOPS

Youth Culture Review - Salon A

What's Happening in Juvenile Justice - Parasol II

The Perfect Pick - Room 74/75

Hold On Tight! Changes Ahead! - Room 63

11:30 a.m. Conference Adjourns



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## Plenary Sessions and Workshops

**Wednesday, October 24th**

**Plenary Session – “Compassion Fatigue & Self Care – Who is Taking Care of You?” - Salon A** – This session will be a humorous view on an important topic. Professionals in helping professions can spend so much time helping other people that they forget to take care of themselves. Compassion Fatigue can lead to mistakes, unethical behavior and health problems. This session will provide information on Compassion Fatigue by defining key terms, identifying signs and symptoms and provide practical applications that professionals can implement in their life to maintain balance while staying focused on helping those we serve. (Approved 1.45 POST hrs. - Interpersonal)- **Scott Breedlove, MS, CRPR, MRSS-P, MARS**

**Workshop Session – “There’s No Place Like Home – Motivating Clients Toward Positive Change” - Rm 74/75** – This session will look at the concept of motivation and how motivation impacts the process of clients implementing positive changes in their life. Concepts discussed will include a motivational timeline, motivational attitude and style and a quick overview of the stages of change model. Motivational tools will be demonstrated such as a Decisional Balance Exercise, Motivational Ruler and a Goal/Behavior Discrepancy Exercise. - (Approved 2 POST hrs. - Interpersonal) - **Scott Breedlove, MS, CRPR, MRSS-P, MARS**

**Workshop Session - Treatment for Adolescents with Intellectual Disabilities Who Exhibit Sexually Offending Behaviors - Rm 63** - Treatment for Adolescents who exhibit sexually offending behaviors can be particularly challenging when they also have intellectual disabilities. It is important that individuals who work with these youth be well versed in the effects of cognitive impairments on social and sexual development of adolescents and how such may impact treatment. This presentation will discuss how intellectual disabilities can impact the sexual development of youth and the role of intellectual disabilities in sexually offending behaviors. It will explore best practice treatment components for adolescents with intellectual disabilities and how these compare to treatment for nondisabled adolescents. The involvement of caregivers in treatment and an understanding of how treatment progress can be monitored will also be discussed. - **Megan Schacht, PhD, Director of Family and Clinical Services, St. Louis County**

**Workshop Session – Juvenile Officer Attorney Ethical Issues - Parasol II** – This session will explore many of the issues and dilemmas juvenile officer attorneys face on a daily basis. Some fairly humorous and fairly serious scenarios will be reviewed and best practices for handling these matters will be discussed. Frequently asked questions regarding common ethical dilemmas faced by JO’s and JO Attorneys will also be addressed and there will be opportunity for pre-submitted written questions to be answered. (Approved 2.1 Ethics hrs.) - **Joe Dandurand, Executive Director, Legal Aid of Western Missouri**

**Workshop Session - Collateral Consequences of Adjudication - Rm 62** - We often hear juvenile justice stakeholders (judges, attorneys, deputy juvenile officers) in the courtroom or halls of the courthouse say to children: "its just a juvenile case, it will be sealed after you turn 18". However, this is not necessarily the case. A juvenile adjudication has far-reaching implications when it comes to a child's future, affecting their ability to get a job, enter the military, or go to college. The purpose of this seminar is to discuss the collateral consequences of a juvenile adjudication, and to educate juvenile justice stakeholders as to the particular collateral consequences of a juvenile adjudication. (Approved 1.45 POST hours - Legal Studies) - **Sarah Johnson, Director of Juvenile Defense and Policy, St. Louis**

**Workshop Session - Intensive Outpatient Services: Answering the Who, What, and Why - Rm 64** - What is Intensive Outpatient Services? What follows is the clinical description of these types of services; who currently pose a significant risk of harming themselves or others. PHP and IOP programs offer intensive medical and clinical services as well as care coordination for clients who do not require 24-hour inpatient/residential care but need more support and treatment than traditional outpatient services can provide. PHP and IOP programs may be used as a diversion from an inpatient or residential admission or as a step down. What does that really mean? In this presentation we will show you what it means, and how come it might just be the best form of treatment for the kids that you interact with. - **Lucas Dieckhaus, Great Circle, Director of Intensive Outpatient Services**

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## Plenary Sessions and Workshops

Thursday Morning, October 25th

**Plenary Session - *I'm a Good Person, Isn't That Enough?* - Salon A** - Using historical and media images, Debby examines how she used her white-skewed belief system to interpret the world around her. Socialized on a narrow worldview, Debby explores how she spent decades silently reaffirming harmful, archaic racial patterns instead of questioning the racial disparities and tensions she could see and feel. This presentation and dialog is designed to support white people in making the paradigm shift from 'fixing' and 'helping' those believed to be inferior, to focusing on internalized white superiority and its role in perpetuating racism at the individual, interpersonal, institutional, and cultural levels - **Debby Irving, Racial Justice Educator and Writer**

**Workshop Session - *Seeing the Color Line: Examining Bias, Privilege, and Power* - Rm 63** - The terms bias, privilege, and power are often misunderstood as stand-alone terms. Additionally, they're rarely understood as trio that can work together to embed racial inequity into the range of systems that impact young people and their families. This session seeks to make visible the dynamics of bias, privilege, and power so that we can more skillfully identify how and when they may be influencing and undermining us as individuals and institutions seeking to create equity. - **Debby Irving, Racial Justice Educator and Writer**

**Workshop Session - *ABC's of Evaluations and Assessments* - Rm 64** - There is often confusion about testing, assessment and evaluations related to the world of mental health. The session is designed to walk participants through differences between a variety of evaluations/assessments, as well as the level of expertise required for the professional completing. The session will also discuss eligibility and access to Department of Mental Health (Division of Behavioral Health and Division of Developmental Disabilities) funded services. - **Melissa Smyser, Department of Mental Health**

**Workshop Session - *Drug Identification & Awareness - Parazol II*** - You've heard of the names - Meth ...Heroin ... Crack ...Magic Mushrooms. But what do these drugs look like? Would you know if someone was on one of these drugs? In Drug Identification and Awareness, you will learn about these dangerous drugs and more from a Narcotics Investigator who has been in law enforcement for over thirteen years. Sergeant Griggs has worked undercover and continues to work every day, to fight against drugs in Missouri. (Approved 2 POST hrs. - Technical Studies) - **Sgt. Shawn Griggs, MO State Highway Patrol**

**Workshop Session - *Objections at Trial and Trial Strategy for Proving Abuse and Neglect* -Rm 74/75** - This session will discuss the various types of objections that can be made during a trial. It will also provide trial strategies for proving abuse and neglect as well as ways to organize your case, create a theme and how to know when you have met your burden. - **16th Judicial Circuit-Lori Stipp, Juvenile Officer, Daniel Barry, Attorney and Monica Penrose, Attorney**

**Workshop Session - *CAC 101 and Child Disclosures* - Rm 62** - This session will provide an overview of the Multidisciplinary Team approach to investigating, treating, and prosecuting child abuse cases in Missouri. Participants will learn the role of Children's Advocacy Centers, skills for interviewing children, why and how children disclose abuse and why sometimes they do not disclose, and the culture of abuse in families. - **Gwen O'Brien, LMSW, Synergy Services**

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## Plenary Sessions and Workshops

Thursday Afternoon, October 25th cont.

**Workshop Session - Burnt Out, Stressed Out or Prepared for the Day's Challenges? - Rm 63** - Burnout and secondary stress do not need to be in your future. Although the people you serve will benefit by your enhanced resiliency, the focus of this training is to give you the tools needed to enhance your resiliency. The benefits of healthy stress, indicators of burnout and secondary stress are explored as well as understanding and practicing regulation of the autonomic nervous system. Other foundational practices that both prevent and promote healing of secondary stress will be explored, with engagement from the participants. Come ready to engage and re-invigorate! (Approved 3 POST hours - Interpersonal) - **Pam Hamilton, LCSW, Cornerstones of Care**

**Workshop Session - Human Trafficking Investigations - Rm 62** - The Human Trafficking Investigations course will provide an introduction to Human Trafficking, explore the investigation process and identify the elements needed to successfully prosecute a case. Attendees will learn how the St. Louis Metropolitan Police Department works with local and federal law enforcement and prosecutors throughout their investigations and the roles that government and non-government service providers play to aid in prosecution. Attendees will also examine case studies that identify the investigative procedures and processes used that led to the successful prosecution of the perpetrators. (Approved 1.5 POST hours - Legal Studies and 1.5 POST hours - Technical Studies) - **Sgt. Jatonya Clayborn-Muldrow, St. Louis Metropolitan Police Department**

**Workshop Session - Case Law Update - Parasol II** - This session will give attendees an overview of the year's most significant cases impacting juvenile law practice, update participants on new law, and offer discussion of recent developments in regulatory, statutory and case law and their impact upon practice by Juvenile Officers, Children's Division workers and attorneys. - **Ellen Haynes, JD, Special Counsel, Children's Division, Department of Social Services**

**Workshop Session - Help, My Child has been Victimized on the Internet!; Understand how children are becoming victimized and how the predators find their way into a child's life - Rm 74/75** - Learn about the growing trend of technology, social media and how mobile devices have become a staple in our lives. Hear how kids are being persuaded to exploit and/or the child self exploits using the Internet. Kids are falling prey to various tricks; such as; click bait, false identities, live streaming chat sites, cyberbullying and sextortion. Trending sites, such as, Snapchat, Instagram, Live.Me, YouTube, online gaming, and live gaming consoles have become a breeding ground for children as young as 7, being exploited online. Learn tactics and conditioning style used by online predators to persuade, entice and lure our child to act or take steps towards controlling and self exploitation their victims. (Approved 3 POST hrs. - Interpersonal) - **Tracy Perkins, Boone County Cyber Crimes Task Force**

**Workshop Session - Indian Child Welfare Act - Rm 64** - For decades, early American settlers did their best to "civilize" the Native American Indian population across the country. This often involved taking children from their native families and educating them in "white man's ways" so that they lost the rich culture into which they had been born. Children of Native Americans are still removed from their birth families today at much higher rates than other populations. To remedy this loss of culture and belonging, the federal government enacted the Indian Child Welfare Act and has mandated that courts comply with its provision which include preferential placement of children with native families, active efforts to return children to their birth families or tribes, and expert testimony regarding standards of the native community. Recent regulations imposed even higher requirements on courts. Most Native Americans do not live on reservations today, but the children are entitled to the protection of the ICWA, so Courts must be ever vigilant to follow the statute. If a Court fails to comply, an Indian child faces dire results in that connections made and relationships with non-native families and caregivers can be set aside in favor of tribal connections. This session will examine the "gold standard" ICWA sets forth and how we should take care of all our nation's children. - **Judge William A. Thorne, Jr. (ret.) Utah Court of Appeals, and Hon. Robin Sage, Casey Family Programs**

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## Plenary Sessions and Workshops

Friday, October 26th

**Plenary Session - Homicide in America - Salon A** - Chalmers will be addressing the causes, warning signs and triggers of teen killers, school shooters, mass murderers and serial killers. In a fast-paced and hard-hitting training style, he will discuss dozens of causes and display hundreds of crime scene photos and videos, teaching attendees not only what makes teen killers, school shooters, mass murderers and serial killers tick, but also how to stop them by learning the causes, warning signs and triggers of these killers. Unlike most experts, authors and trainers, Chalmers talks directly with the killers themselves along with getting the first person crime scene perspective from the investigators who have worked these cases. Topics covered include: Causes, warning signs and triggers of Teen Killers and School Shooters, Dangerous Youth Culture, including cop-killing music, violent video games and dangerous social media and phone apps and the latest trends in mass murder and serial murder, and the new profile. (Approved 1 POST hour - Interpersonal Perspectives) - **Phil Chalmers, Trainer/Consultant**

**Workshop Session - Youth Culture Review - Salon A** - This session will review youth culture including an exposé of cop-killing music videos; video games; and a review of the dangerous phone apps and social media that can lead to a teenager's death. (Approved 2 POST hours - Interpersonal Perspectives) - **Phil Chalmers, Trainer/Consultant**

**Workshop Session - What's Happening in Juvenile Justice - Parasol II** - A panel of juvenile justice experts will examine current legal, legislative, and trending issues in juvenile justice and child welfare. - **Panelists: Bill Prince, Chief Juvenile Officer-31<sup>st</sup> Judicial Circuit; Tammy Walden, Chief Juvenile Officer-26th Judicial Circuit; Carolyn Whitehorn, Attorney for the Juvenile Officer-22nd Judicial Circuit; Susan K. Savage, Division of Social Services - Children's Division, Bev Newman, Court Programs Manager-OSCA and Michael Grote, Grote and Associates**

**Workshop Session - The Perfect Pick - Rm 74/75** - Approximately 6.5 million people in the United States have been diagnosed with an intellectual disability. Children and adults with an intellectual and or developmental disability often make the perfect targets for a sexually violence offense. They also provide a unique set of challenges in the investigation and prosecution of sexual assault cases. This presentation will address best practices for the investigation of these types of cases as well as provide strategies for evidence gathering, charging decisions and successful prosecution. - **Amy Derrick, Assistant District Attorney, Dallas County District Attorney's Office, Dallas, TX**

**Workshop Session - Hold On Tight! Changes Ahead! - Rm 63** - Steering through the rough waters of changes can be as challenging as it is exciting. How your staff navigates change has everything to do with the competence of your leadership. This workshop will look at leadership styles, skills and how leaders can help or hinder the implementation of change. (Approved 2 POST hrs. - Interpersonal) - **Kellie Landaker, Assistant Superintendent, Family Court of St. Louis County - Detention**

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- \* **The conference is approved for 14.4 CLEs.**
- \* **Workshop Session – Juvenile Officer Attorney Ethical Issues is approved for 2.1 Ethics credit hours.**
- \* **POST hours as indicated in workshop description.**
- \* **University of MO, Columbia - School of Social Work CEUs - Pending**

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